

THE GRANARY

GLUTEN FREE GUIDE

We provide this menu guide to assist customers when ordering their food gluten free. Please note that there will be an up-charge to substitute items with the gluten free bread options.

It is the customer's responsibility to make the server aware of all changes and substitutions.

Thank you.

PANCAKES

Most of our pancakes are available gluten free please ask when you order them. There will be an up charge for all GF pancakes \$\$

Waffles – NOT GLUTEN FREE

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Spicy Sausage Sand – order GF bun \$\$

Build Your Own – order GF bun or toast\$\$

Traditional BLT- order GF bun\$\$

Brkfst Grill Cheese – order GF toast \$\$

Both Styles French Toast- order GF toast \$\$

Egg White Muffin – order GF bun/toast \$\$

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OMELETS

Order sliced tomato instead of toast or gluten free toast \$\$

CLASSICS

The Fry Up – order gluten free toast \$\$

ALL Skillets – order gluten free toast \$\$

ALL Eggs Benedict – order gluten free toast \$\$

Breakfast Quesadillas – NOT GLUTEN FREE

Two Eggs & Meat – order gluten free toast \$\$

Country Steak – NOT GLUTEN FREE

Breakfast Tacos – order with gluten free toast or lettuce leaves

Breakfast Burrito – NOT GLUTEN FREE

Loaded Chorizo Hash- order gluten free toast \$\$

Avocado Toast – order gluten free toast \$\$

Corned Beef Hash – order gluten free toast \$\$

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Fresh Fruit Parfait – order with no granola

Skinny Omelet – order gluten free toast \$\$

Oatmeal- May contain traces of gluten

KoKo Breakfast Wrap – order with gluten free toast or lettuce leaves

The Healthy Platter – order gluten free toast \$\$

The Breakfast Bowl – 100% gluten free

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**SORRY BUT OUR
FRENCH FRIES & OUR
HOME FRIES ARE NOT
100% GLUTEN FREE AS
THEY ARE FRIED IN THE
SAME OIL AS MENU
ITEMS CONTAIN
GLUTEN**

SALADS

**ALL OF OUR SALAD DRESSINGS
ARE GLUTEN FREE WITH THE EXCEPTION
OF THE ASIAN SESAME**

Granary Salad – order with no croûtons

Mediterranean Salad – 100% gluten free

Caesar Salad – order with no croûtons

Oriental Salad – order without wontons
and different dressing

Chopped – 100% gluten free

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SOUPS

Beef Chili - GF

Tomato & Basil Soup - GF

Soup of the Day – NOT GLUTEN FREE

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Deli Sandwich Selection – order with gluten
free bun or toast \$\$\$. Order with slaw, fruit or salad.
Order salad with no croûtons

Pick 3 Options – order with GF toast or bun \$\$

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Fish and Chips – NOT GLUTEN FREE

Lunch Tacos – Order with lettuce leaf

**SORRY FRENCH FRIES
ARE NOT GLUTEN FREE
AS THEY ARE FRIED
IN THE SAME OIL AS
MENU ITEMS
CONTAINING GLUTEN**

SANDWICHES

**ORDER ALL SANDWICHES WITH SLAW,
FRUIT OR A SALAD WITH NO CROUTONS**

Granary Reuben – order GF bun/toast \$\$

Tuna Salad – order GF bun/toast \$\$

Classic Grilled Cheese – order GF bun/toast \$\$

Thai Chicken Wrap – order GF bun/toast \$\$

Tuna Melt Twist– order with GF toast \$\$

Chicken and Pesto – order with GF bun \$\$

Turkey & Cran Panini – order with GF bun \$\$

Grilled Cod – order with GF bun \$\$

Fried Cod – NOT GLUTEN FREE

French Dip – order with GF bun \$\$

Tuna Greek Wrap – order with a GF bun/toast \$\$

Monte Christo – NOT GLUTEN FREE

Club Sandwich – order with GF bun/toast \$\$

Hot Chick & Waffles – NOT GLUTEN FREE

Lunch Quesadillas – NOT GLUTEN FREE

Chicken Bacon Wrap – NOT GLUTEN FREE

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BURGERS

**ORDER ALL BURGERS WITH SLAW, FRUIT OR
SALAD. SALAD WITH NO CROUTONS**

Patti Melt – order with GF bun/toast \$\$

Build Burger – order with GF bun \$\$

**GLUTEN FREE BUN OR
TOAST IS A \$2
UPCHARGE**